



UNCLE ROY'S Comestible Concoctions

FACTORY (Deliveries) - 7 LADYKNOWE, MOFFAT, DUMFRIESSHIRE, DG10 9DY, SCOTLAND

OFFICE (All correspondence) - 6-7 BUCCLEUCH STREET, MOFFAT, DUMFRIESSHIRE, DG10 9HA, SCOTLAND

TEL / FAX 01683 221076 ☘ FACTORY 07720 129723 ☘ EMAIL uncleroy@uncleroys.co.uk ☘ WEB www.uncleroys.co.uk

GOAT'S CHEESE FILO PARCELS

1 Red Pepper
1 Red Onion
4oz Goat's Cheese
2oz Pine Kernels
1 Orange
2" piece of Fresh Ginger
2 Tablespoons of Sweet & Spicy Moffat Mustard
Filo Pastry

METHOD

Gently toast the Pinenut Kernels in a hot frying pan until brown - allow to cool.

Fry Red Pepper & the Onion until soft - allow to cool

Brush an 8" square of Filo with melted butter and top with another square.

Place crumbled Goat's Cheese on top corner, top with cooled ingredients and fold into a triangle.

Brush with melted butter, sprinkle with sesame seeds and bake in 180C oven until golden.

Juice the Orange, add grated Ginger and mix with the Sweet & Spicy Moffat Mustard until a thick pouring mixture results.

Serve parcel on a mixed leaf salad bed and drizzle with sauce.



Recipe by Margaret Tweedie @ The Annandale Arms Hotel, Moffat

www.annandalearmshotel.co.uk



SUPPLIER



8 GOLD, 5 SILVER, 7 BRONZE

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